

HEALTH AND WELLBEING PARTNERSHIP

Thursday 21st November 2024

Remote meeting held via Teams

MINUTES, DECISIONS & ACTIONS

Present

Pete Millington (PM)	Manager, Sutton Coldfield Neighbourhood Network Scheme
Liz Parry (LP)	Public Governor, University Hospitals Birmingham, SC South
Becky Oldham (BO)	Project Manager Communications and Events, Royal Sutton Coldfield Town Council
Olive O'Sullivan (OOS - Chair)	CEO, Royal Sutton Coldfield Town Council
Sue Richards (SR)	Parish Nurse, Sutton Coldfield United Reformed Church
Alison Seabrooke (AS)	Independent Advisor/Consultant

Minutes

Jessica Johnson (JJ), Project Manager, Communities, Royal Sutton Coldfield Town Council

		Decision / Action	Owner
1	Welcome and introductions	Apologies received from Becky Pollard, Clare Haines, Cllr Jan Cairns, Becky Bews and Dan Brown.	
2	Minutes and action points from previous meeting	The minutes from the meeting of July 2024 were agreed. All actions from previous meeting completed or in progress. LP asked for an update on the ICB Falls Metrics Group? AS replied that the at a recent BSol ICB Falls Steering Group (BSol ICB FSG) the Chair, Clare Hassan, had confirmed this this group had met only once and that the information had been used to create the KPIs for the draft Falls Prevention Strategy. The latter had only been circulated within (BSol ICB FSG); Consultation response to the draft had been submitted on behalf of the SC H&WP and SC FSG. AS would circulate the final strategy, once it was available.	
3	Fifty+ Festival	JJ feedback on the Fifty+ Festival. The Fifty+ Launch event took place at Sutton Coldfield Town Hall on Tuesday 8th October and was attended by over 200 residents. The festival was organised in collaboration with Age Concern Birmingham and Sutton Coldfield Neighbourhood Network Scheme. The aim was to raise awareness of health issues that may occur in later life and to try to avoid long term health conditions that contribute to and to prevent falls.	

	Around 50 health professionals attended including public health practitioners, social workers, statutory providers and members of the local voluntary, community and faith. They were able to give information, advice and support on a range of issues including mobility and hearing loss. One section of the launch was set up in a health fair style with health checks available including walking stick MOTs, blood pressure and GaitSmart assessments. The launch also had taster sessions and activities on offer for residents to try. Some of these activities continued into the festival which comprised of over 100 local providers. These ranged from social, wellness, physical exercise and advice and guidance. Residents and stall holders were encouraged to fill out an evaluation form and the responses have been collated into this report by Becky Oldham, Project Manager Communications and Events at the Town Council. The report details the feedback which was very positive. During and since the festival, the Town Council has received numerous enquiries from residents asking for more information on the activities and if there will be another festival. This is positive as although the festival has now ended, it shown long term impact and has opened up important conversations. PM reiterated the event's successful and that for the Sutton Coldfield Neighbourhood Network Scheme (NNS), it acted as an expansion of their showcase events, with the addition of health professionals. Overall, resident feedback suggested the festival was useful and there was a lot to offer. LP commented that she attended the launch event at the Town Hall and felt it was a good mixture of new groups and relevant taster activities. LP added it seemed between the Town Council and the Sutton Coldfield NNS a pattern was forming and whether there could be two events each year, in Spring and Autumn. It had been a great opportunity for networking, particularly with the Social Prescriber present. LP also suggested that when stalls were unattended if the stallholder could indicate when they would return. SR also attended the launch and said she was able to make referrals for patients who present with serious symptoms and that she was seeing people come into the church following for further screening. SR added that the church ran Yoga during the festival which proved very popular. OOS commented on this positive outcome and asked if the yoga sessions could continue. SR said she would speak with Julie Lewis, Community Volunteer Support Worker, to discuss. AS believed that the festival was a testament to the hard work of all those involved and reflected the strength of the connections and networks made by this P'ship and the SC Falls Steering Group with health professionals from University Hospitals Birmingham (UHB) such as Good Hope Hospital, Birmingham Community Healthcare Trust and BCC Public Health and Adult Social Care teams and local PCNs.	
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	AS also had conversations with UHB regarding their CAD (Community Appointment Days) which brought together cross sector providers to engage with residents who might benefit from support. These were focused around MSK (Muscular Skeletal) support, which directly linked to falls prevention. At Julie's request, JJ had sent through a list of popular community venues in Sutton Coldfield with high footfall, that could be used for the full and mini CADs. Some of these venues were churches and there had been a slight reluctance to use them. AS had provided reassurance that while the venue is in a church building, they act as community facilities and their use as such does not promote any particular religion. LP commented that it would be beneficial to reach out to other faith groups to engage and to see if they were interested in holding health events. OOS agreed, noting that conversations could be had with Sutton Coldfield Mosque and their trustees. It would also be good to rotate the events around Sutton Coldfield. Action: OOS to liaise with trustees at mosque regarding Health and Wellbeing work. Becky Oldham presented the Fifty+ Festival Report: <u>Communications</u> BCC's Public Health Communications Team provided signposting to the festival, circulating information to health professionals through a variety of channels. The launch and festival were supported by a campaign which included traditional printed media, social media and paid for advertising. <u>Stall Holder Responses</u> The majority of stall holders noted that they attended the launch event to spread awareness of their services and network with local organisations. 96% of stall holders who responded said that the event met their expectations with 12% responding that it exceeded them. Stall holders were asked how many referrals they had made to other health professionals and voluntary sector services as it was important in to understand the effectiveness of their presence. There were approximately 31 referrals with more being signposted to other services. Suggested improvements to the day included increased car parking and small changes to catering. <u>Launch Event Public Responses</u> The majority of attendees found out about the launch via word of mouth. This shows the importance of relationships made by the Health and Wellbeing Partnership and with networks who were able to share information on the festival to residents, members and patients. Social media also scored highly for awareness and engagement. Therefore, for future events more paid-for advertisements may help to increase reach. All respondents who completed the survey, commented that they did feel happier and healthier after attending the event.	OOS
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4	Fairer Futures Fund	There are four funding streams available through the Birmingham and Solihull ICB Fairer Futures Fund. <u>Citywide Small Grants</u> Applications are now closed. <u>Citywide Partnership Fund</u> A total of £5.74m is available and groups can bid for grants of between £50,000 to around £500,000. This fund is for organisations who run projects across all of the city. It is being managed by a subgroup that reports to the FFF board and BVSC are supporting groups who wish to submit an application. Applications opened on 11th November and are open until 6th January 2025. <u>Locality Small Grants</u> A total of £384,163 is available for the North (Sutton Coldfield and Erdington) and grants of up to £15,000 for delivery of up to 3 years is available. The fund is being administered by Heart of England Community Foundation, but Sutton Coldfield NNS supports groups with applications. Applications cannot progress before contact is made via the NNS. The funding criteria is split into specific clinical themes. JJ added that following conversations with Pete Millington around 8 organisations in Sutton Coldfield have developed projects ideas and are considering applying to the fund. Draft applications must be submitted to the NNS by 15th December with the final deadline being 9th January for outcome in March/April. A link to a webinar detailing more information about the fund can be shared with members. Action: JJ to share a webinar from Heart of England detailing the Locality Small Grants with the P'ship. <u>Locality Delivery Partnership Fund</u> A total of £896,381 has been allocated to the North Locality; Witton Lodge is the selected lead VCFSE organisation tasked with putting together the draft business plan for the fund. The Town Council, through the Health and Wellbeing Partnership, had given feedback at several stages of the plan to ensure the focus on older people and falls prevention is included. The plan is now being reviewed by the North Locality Delivery Partnership.	JJ
5	North Locality Delivery Partnership	OOS reported that there had now been 3 meetings of the North Locality Delivery Partnership which have focused on the development of the Fairer Futures Fund business plan. This has not yet been finalised.	

		The draft business plan has not been more widely shared with members of the voluntary, community, faith and social enterprise who contributed, which has been disappointing. OOS will raise this at the next meeting along with questions on governance and reporting lines to ensure transparency. It is important that the community can easily access the information regarding the discussions at the meetings and that updates are reported back to the community. OOS re-confirmed that the proposals for 'Healthy Ageing' included in the plan are those as discussed with the Health and Wellbeing Partnership: • Commissioning and resourcing Steady on Your Feet • Good Home Hubs 1st Stage research • Dedicated resource to work across sectors on the above projects and to achieve greater clinical/community co-ordination. LP agreed that transparency was important and added that she had previously raised this with Birmingham and Solihull Integrated Care Board (B'Sol ICB). Whilst there is a governance handbook, it is not easy for residents to find information on developments in the North Locality. LP asked if during the next North Locality Delivery Partnership, OOS could raise a question regarding the Cottage Hospital. LP had noted a job advertisement for a role to oversee the changes and that Cottage Hospital developments had been labelled as 'transformative'. LP asked if OOS could ask for further details of what will be changing at hospital, that it will transform the patient and journey. Additionally, whilst there is provision for a GP in the hospital, this will cover one particular PCN and therefore it's assumed only that PCN's registered patients. She asked if the provision would not be better extended to all residents and if the proposals were for the Cottage Hub to be a 'hub' for all older adults. OOS replied that there was an upcoming December workshop to discuss the integrated model of care, which would provide an opportunity for OOS to raise these questions. Action: OOS and LP to meet ahead of the December Cottage Hospital workshop.	OOS/ LP
6	Proposals for the development of the Sutton Coldfield Falls Steering Group	AS gave an update on the Sutton Coldfield Falls Steering Group. Governance OOS and Cllr Jan Cairns, Chair of the Health and Wellbeing Partnership, meet with representatives of Good Hope Hospital to discuss the future of the Sutton Coldfield Falls Steering Group. It is proposed that the FSG will become the North Locality Falls Steering Group and it was felt that to progress its work an NHS sponsor was needed. AS had then met twice with Julie Hunter, Group Director for AHPs and Hospital Director for AHPs GHH site and Lorraine Garratty, who is Clinical Team Leader at GHH and also attends the SC and BSol ICB Falls Steering Groups.	

	Julie had created proposals for internal falls prevention and AS had provided wider context for how the SC FSG could become the North Locality FSG and how all of this work should connect to the BSol ICB FSG strategy. AS produced a <u>North Locality Falls Steering Group – strategic reporting diagraph</u> detailing the relationship, roles and responsibilities of different organisations, including RSCTC, the BSol ICB FSG, the BSol Community Care Collaborative (CCC) and the proposed North Locality arrangements relating to Falls Prevention. The CCC is hosted by Birmingham Community Healthcare NHS Foundation Trust which reports into the Birmingham Place Committee. The CCC is responsible for the Integrated Neighbourhood Teams and delivery of the Fairer Futures Fund. The diagraph suggests where the North Locality Falls Steering Group could sit, report too. AS had had discussions with Aruna Watson, Birmingham City Council Public Health Older Peoples Team and learned that it has been proposed that in future the BSol ICB FSG would report into the BCC Health and Wellbeing Board, rather than BSol ICB. AS felt that this might provide a more consistent 'home' for the FSG. It also felt appropriate for the Sutton Coldfield work. She reminded people that the BCC Health and Wellbeing Strategy 2022-2030 contained the three key life courses that had been adopted by this group in the Health and Wellbeing Roadmap 2022-2026. This had led to the focus on Ageing Well and Dying Well life course, resulting in the falls prevention work and establishment of the Sutton Coldfield Falls Steering Group. AS said that she had shared the diagraph with Clare Hassan, to help with understanding governance arrangements. The diagraph is accompanied by a paper that contains information taken from the BSol ICB website, explaining the governance arrangements. Making progress on the North Locality Falls Steering Group depends on resources being released via an approved North Locality Business plan. In the meantime, the Sutton Coldfield Falls Steering Group will be carrying on with practical actions and continue to act as a vehicle for networking and bringing people together. Draft Falls Strategy OOS commented that the work of the Sutton Coldfield Falls Steering Group now needs to be taken on by an NHS sponsor to help move the priorities forward, this is to ensure the work is embedded in practice and beyond the lifetime of the Fairer Futures Fund. Following on from the earlier discussion about the Cottage Hospital and BCHC's role in the ICB arrangements, it felt appropriate if BCHC were to take the lead role in the development of the North Locality Falls Steering Group. LP asked if the diagraph should include the Erdington Primary Care Networks (PCN) as the Sutton Coldfield Falls Steering Group becomes the North Locality Falls Steering Group. It was noted that as the size of the group grows it is important not to lose focus.	
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		AS replied that she will include the Erdington PCNs in the diagram. She also provided reassurance in that the members of the SC FSG includes several providers whose work covers the North, so there will be little change there.	AS
7	Partner Update	<u>Sutton Coldfield Neighbourhood Network Scheme</u> • The NNS had received around 8 Expression of Interests for the Fairer Futures Fund Locality Small Grants, from Sutton Coldfield groups. • Birmingham City Council Public Health now commissions the work of the NNS and meetings are currently taking place to discuss the implications of any changes to the NNS scheme given it is no longer commissioned by Adult Social Care. • The NNS is now offering small 'Winter Micro Grants'. Further information can be found on their website. <u>Royal Sutton Coldfield Town Council – Strategic Plan Consultation</u> • The Town Council undertook a Strategic Plan Consultation in September 2024. Responses have been compiled into themes. • Responses related to Health and Wellbeing have been collated under the theme 'Promoting thriving, healthy and safe local communities'. • Key topics that came up repeatedly under this section includes: support for children and families, support and activities for young people (including youth centres and social activities), disability support and access improvements, activities for elderly residents, support for the local voluntary and community sector, support for homeless and unemployed and general healthcare provision.	
8	AOB	None	
	Date of next meeting	TBC	