

HEALTH AND WELLBEING PARTNERSHIP

Thursday 24th November 2022

Remote meeting held via Zoom

MINUTES, DECISIONS & ACTIONS

Present

Cllr Jan Cairns (JC) Chairman	Councillor, Royal Sutton Coldfield Town Council (TC)
Becky Bews (BB)	Age Concern Birmingham
Seema Gudivada (SG)	Director of Strategy and Partnerships, Birmingham Community Healthcare (BCHC) and Director of Therapies and Chief AHP BCHC NHS Foundation Trust
Olive O'Sullivan (OOS)	CEO, Royal Sutton Coldfield Town Council
Rob Pocock (RP)	Councillor, Royal Sutton Coldfield Town Council
Pippa Pollard (PP)	Head of Business and Service Development, Birmingham Community Healthcare (BCHC)
Sue Richards (SR)	United Reformed Church (URC)
Alison Seabrooke (AS)	Independent Advisor/Consultant
Tina Swani (TS)	CEO, Sutton Coldfield Charitable Trust (SCCT)
Tracey Quirk (TQ)	Head of Operations, Compass Support

Minutes

Jessica Johnson (JJ), Community Engagement Officer, Royal Sutton Coldfield Town Council

		Decision / Action	Owner
1	Welcome and introductions	Apologies received from Liz Parry, Alan Eaton, Suzanne Cleary, Dr Rahul Dubb, and Namrata Mukherjee.	
2	Action points from previous meeting	All action points completed.	
3	Update on the Partnership's work	JJ reported that the asset mapping page had now been created and circulated to those involved for review. JJ was able to share the page with attendees at the meeting. The page brings together websites with directories that hold data on, or signpost to, support services, or activities that could be useful to residents and health professionals. The websites are both local to Sutton Coldfield organisations as well as city wide. https://discoversuttoncoldfield.co.uk/local-support-services/	

	JJ highlighted a new addition, All Age Autism Directory, which lists services and activities for those who have autism, in Birmingham and Solihull. Other partners include Birmingham City Council (BCC), Sutton Coldfield Neighbourhood Network Scheme (NNS) and Our Place Support. JJ added that the page will be promoted to residents and highlighted in the upcoming newsletter. The page will also be shared with professionals, such as the Occupational Therapists (OTs), to highlight the page as a resource for their service users. As the Integrated Care System grows, there may be more partners who are undertaking reviews of activities and services available, completing a gap analysis. As mentioned, it is hoped that the page becomes a tool for professionals and is a page that new staff members can use and help develop. RP commented that on Connect 2 Support, residents are able to filter activities by postcode and asked if this was a feature available on all sites. JJ replied that on many of the site residents are able to search by area or postcode. Discover Sutton Coldfield works on a google maps system and location markers so residents can see what is near to them. Some directories and organisations are pan Sutton Coldfield and therefore wouldn't be placed at a single location. TS asked whether the information provided by the Trust from the social needs review had been useful for the page. JJ replied that the data was not included on the webpages as it hosts links to websites rather than information itself. However, the data will be checked against Discover Sutton Coldfield to make sure all the organisations are covered and included. JJ reported that there were now Birmingham City Council (BCC) OTs delivering clinics in community venues at Sutton Coldfield URC and the Newman Centre. JJ invited SR to talk about the Occupational Therapy services taking place at the church. SR reported that Occupational Therapists from BCC were delivering services every Tuesday from 9:30-2pm. SR added that they also hosted an Occupational Therapy Week Celebration Event in which residents met with OTs to find out more about their offering. Other providers such as the NNS and the Alzheimer's Society were present. SR added that she was keen to explore other opportunities for health services to be delivered from the church, for example physiotherapists. BCC Adult Social Care also run drop ins on a Tuesday at the church and there may therefore be opportunity to collaborate. SG asked what services the OTs are able to provide and in terms of physiotherapy, what kind of support would be required. SR replied that with falls and frailty a key priority for Sutton Coldfield, she was considering other ways in which health care could be provided in the community.	
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	SG commented that there are some services across the city based in churches, that aim to prevent falls. SG added from an ageing and prevention strategy these initiatives can help greatly. JJ added that she could link PP and SG with Della Bailey from the BCC OT team to find out more about the offer. The clinic allowed people to receive an OT assessment that may lead to small home improvements such as handrails or steps to improve accessibility. SR agreed, stating that those able to attend a community venue were invited to do so, which allowed OTs to concentrate efforts on more complex cases where the individual may be housebound or need a home visit. The Chairman commented that after speaking with the OTs on a visit to the celebration event, she understood that, following the pandemic, they had successes and gained confidence in the new ways they were able to deliver their services, for example virtually. Whilst appointment-based, the clinics allowed for a more immediate, accessible community response. The Chairman also felt that it would be good to link the OTs with the social prescribers based in the GP practices. AS replied that she and JJ were in contact with the social prescribers and were meeting with them to discuss how they could work together. JJ provided an update on the town council's work on the Warm Spaces initiative. The Council is working with volunteers and staff at community and faith venues across the town to help set up a warm space. Currently, three spaces have accessed financial support from the council - St Peter's CoE Church, Chester Road Baptist Church and Wylde Green United Reformed Church, with discussions ongoing with around five others. JJ added that she is also aware of other Warm Spaces that have been set up in Sutton Coldfield and information on these can be found on BCC'S Warm Welcome map. Staff from community venues have been receptive and quick to respond to local need. Each space is aimed at particular age groups, such as children and families, or older adults. Refreshments and activities will be available, and they will be branded more as a community drop in than directly as a Warm Space. Support services can also be brought into the venues to provide further information and guidance. For example, staff from the Healthy Start Programme may be able to come and talk to parents about support they may be entitled to, such as free vitamins and food vouchers. JJ is working to advertise and promote the spaces via the TC website and social media and will share posters with members. JJ gave an update on the work being undertaken around the health priorities of falls and frailty and mental health. The work to help connect the OT team with community venues, to enable health professionals to run clinics in Sutton Coldfield, was a really positive preventative step. JJ had also met with the NHS frailty lead in Erdington to fully understand their model and if it could	
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		be replicated in Sutton Coldfield. These conversations had helped to identify where there are gaps in services. Social isolation is a contributing factor to falls and frailty and the TC can help to engage VCSE in working with residents who may be at risk. An event could be planned in which the VCSE sector, along with public and statutory services, are invited to speak directly with residents about their organisation and the support they can provide. There has also been a focus on mental health, particularly in young people. JJ is in contact with Forward Thinking Birmingham, who are commissioned to run the Pause Service, as to how they service could be delivered in Sutton Coldfield. JJ is also working to make sure young people are aware of the services available to them and where they can go for help and further signposting. RP was pleased to hear that links were being made with Forward Thinking Birmingham. He commented that Change Grow Live (CGL) may also be beneficial to speak with, in regard to drug and alcohol support. There are pockets of Sutton Coldfield where there are higher than average levels of addiction and CGL is looking to become more localised. Sutton Coldfield could be considered as an outreach site for their services. JJ replied that she'd had conversations around addiction support with BCC Social Workers and in meetings with staff and volunteers from community venues. JJ to contact Change Grow Live to find out more about their services.	
4	North Locality Update	AS delivered an update in NM's absence, whose role had now changed from North Locality Partnership Manager to Primary Care Development Manager. As North Locality Partnership Manager she had been instrumental in bringing people together, particularly in linking us with NHS staff. Her new role means she will be working closely with the GP practices. It is hoped this will help the P'ship engage the PCNs in community initiatives.	
5	Health and Wellbeing Roadmap	AS recapped on the timeline of the H&W P'ship and the ICS developments. AS added that she had made slight changes to the roadmap, for example adding in practical actions and tasks as well as reflecting the speed and structural and cultural changes within the ICS. AS reported that the roadmap was approved in principle by ALC on 9th November and was received at Full Council on 22nd November. Within the ALC budget for 2023/24, there is now a dedicated amount to help commission services and activities in the town related to Health and Wellbeing, such as the events mentioned earlier. This is separate to the grants programme. The focus between October 2022-March 2023 will be on the three strands of work: Community engagement, strategic development and partnerships, and proactive tasks. Whilst the TC isn't a delivery body, it can help to translate ICS priorities into actions that have meaning for residents' lives. The TC can help	

	to collate information to raise awareness and help to identify gaps and opportunities. In regard to Community Engagement, conversations can begin to take place with organisations that play a key role in supporting residents in the three key life stages (Getting the Best Start in Life; Living, Learning and Working Well; Ageing Well and Dying Well). Discussions will focus on what they are already doing as well as future plans. They will also look at what role the P'ship can play in support of their initiatives. The proactive tasks are the actions discussed in the H&W Update such as asset mapping and facilitating outreach services. The P'ship is also able to quickly respond to urgent needs that arise, such as is evident in the TC's work on the Warm Spaces initiative. It is hoped that, in addition to the partnerships that AS and JJ have been able to form, NM's role as the Primary Care Development Manger will increase information sharing and links with the PCNs, as well as NHS staff who may not know about or engaged with the P'ship's work. The aims is that the P'ship can continue to inform NHS and BCC practitioners' plans. AS added that whilst the ICS structures can still feel quite top down, some relationships had been developed and she appreciated that organisational change can take time. It was hoped that, over time, there would be more joint planning. In the meantime, the P'ship should continue moving forward with actions to support the H&W of SC residents at a hyper local level, whilst staying connected to the ICS. RP commented that the P'ship's role was becoming clearer. It may not be a delivery body, but has a distinctive enabling role. It is bringing networks together and helping organisations such as Forward Thinking Birmingham and Change, Grow, Live run services, which without the P'ship's support may not have considered, or been able to do so. With regards to the P'ship's focus on falls and frailty, the Chairman said that Sutton Coldfield Group Practice (SCGP) has a joint partnership with Good Hope Hospital to help support residents when they leave hospital, in their homes. This is key in reducing readmissions and the P'ship could work with them to understand challenges being faced. TS added that the Trust is also an enabler rather than a delivery organisation and that the roadmap links closely to the social needs review outcomes. The Trust will be running an event in March highlighting its results and the Trust's 5 year plan. PP commented that BCHC community interventions team could also support the partnership between SCGP and Good Hope in helping older adults stay safely at home and out of hospital. AS commented that NM has been discussing falls and frailty with SCGP as part of her new role. AS added that as well as being an enabling body, the P'ship is able to comment on and shape strategy. For example, information was	
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		requested from the Mental Health Trust on support needed by VCSE. As conversations had been taking place, AS was able to send through feedback. SG asked how professional councils, such as the Pharmacy Council can be involved, particularly to help reduce referrals into primary care. SG added that organisations could also be involved in planned events as part of their training and upskilling of staff. This can include broader health professionals, such as dieticians and podiatrists who help reduce the likelihood of falls. AS replied that she had referred to Allied Health Professionals in her previous papers as they are working closely with residents in their own homes. AS added that she and JJ are working to make connections and network with staff in these areas. In response to a question about the Cottage Hospital OOS replied that she had had a conversation with Suzanne Cleary regarding consultation on the services to be provided for older people at the Cottage Hospital adding that the TC would support the BCHCT in planning the community engagement work as part of the consultation. SG explained that she was attending the P'ship on behalf of Suzanne, who was on secondment two days a week to the Integrated Care Board (ICB).	
6	Partner Update	PP reported that as community integration for the North, the BCHCT is working with the district nursing team to shape their services around neighbourhoods. The next step will be to bring other teams together. PP added that the Fairer Futures Fund is also now live and that she would share information with JJ to send through to contacts that may benefit. PP to send JJ Fairer Futures Information for JJ to share. TS delivered an update on the work of the Charitable Trust which: • now has a new grants manager • is increasing its grants budget • is looking for a new trustee with a Health and Social care background. • has now also signed off their 5-year plan and TS is happy to share headlines with the P'ship • is also beginning to conduct research into future housing needs. For example, if there is a need for a different type of alms houses in Sutton Coldfield. This is a long-term plan for the Trust TS to send JJ Trustee Information Pack for JJ to share with the P'ship. TS to deliver a presentation on the Trusts' 5-year plan at the next meeting. RP commented that there will be enhanced public health profiles being released shortly for the localities and the reports may be useful to help identify local need. BB gave an update on the work of Age Concern Birmingham:	PP/JJ TS TS

		• Age Concern are developing their day centre provision across the city. • Their IAG service is currently extremely busy. Whilst staff signpost, many are coming back to them as they are facing long wait times or haven't heard from the organisation signposted too. • The veterans group has been a success and Age Concern is looking at how this can be expanded on different days. Confidence to attend can be a barrier and therefore volunteer befrienders are used to help support new attendees. TQ gave an update on the work of Compass at Falcon Lodge: • There is now a second foodbank running on Tuesdays evenings to support working families. • Healthy Relationships training is available for young people to help raise awareness of sexual health. • Compass has received funding from BVSC Compassionate Communities Fund to deliver training and build capacity to support people to have conversations around end-of-life care and bereavement. • The Digital Inclusion Project will be restarting shortly. • There will be a relaunch of the independent living service. This is for Reddciap ward only and referrals into the service will need to be made. TQ to send information on new and upcoming activities to JJ to share with P'ship. JJ shared two updates on behalf of Our Place Support: • Our Place have joined with Cosy Coats to provide children with new coats this winter. To obtain a referral form, please contact the Early Help Team. • On 25th January, Our Place will host a Launch Evening for their Early Help Mentoring and Befriending Service. Professionals are welcome to attend to find out more about the service and can register online.	TQ
7	AOB	None	
8	Date of next meeting	Thursday 26 th January 2023	